

Personal Movement Preferences

FORCE

Gentle ----- *Neutral* ----- Strong

TIME

Sustained ----- *Neutral* ----- Quick/Sudden

SPACE

Direct ----- *Neutral* ----- Indirect/Flexible

FLOW

Free ----- *Neutral* ----- Bound



Handwriting Signature

Is it dark, light, accented, curvy?

Hobbies/Sports

What types of movement do they require?

Choice of Music

Loud? Soft? Staccato? Legato?

Musical Instruments

What types of movement do they require?

Style of Clothing,
Hair, Glasses

*Do you make a bold or strong statement?
Or is it a style that doesn't draw attention?*